



ORGANIZING MANIACS

GROCERY SHOPPING PLANNER

MEALS

Monday	Tuesday	Wednesday	Thursday
Friday	Saturday	Sunday	

SHOPPING

PRODUCE _____ _____ _____	PET _____ _____	FROZEN FOODS _____ _____ _____
MEAT & POULTRY _____ _____ _____	LAUNDRY/CLEANING _____ _____	CANNED/JARRED _____ _____ _____
CHEESE & DAIRY _____ _____ _____	BOXED/PACKAGED _____ _____ _____	PAPER PRODUCTS _____ _____ _____
HEALTH/BEAUTY _____ _____ _____	CEREAL/BREAKFAST _____ _____ _____	CONDIMENTS/SPICES _____ _____ _____